

MARTIN LUTHER'S MORNING AND EVENING PRAYERS



Martin Luther wrote two short prayers for individuals and families to use in the morning after waking and in the evening before going to sleep. These lovely prayers, taken from Dr. Luther's *Small Catechism*, can help you begin and end each day with the Lord.

LUTHER'S MORNING PRAYER

*In the name of the Father and of the Son and of the Holy Spirit. Amen.
I thank you, my heavenly Father, through Jesus Christ, Your dear Son, that
You have kept me this night from all harm and danger; and I pray that You
would keep me this day also from sin and every evil, that all my doings
and life may please You. For into Your hands I commend myself, my body
and soul, and all things. Let Your holy angel be with me, that the evil foe
may have no power over me. Amen.*

LUTHER'S EVENING PRAYER

*In the name of the Father and of the Son and of the Holy Spirit. Amen.
I thank you, my heavenly Father, through Jesus Christ, Your dear Son, that
You have graciously kept me this day; and I pray that You would forgive
me all my sins where I have done wrong, and graciously keep me this
night. For into Your hands, I commend myself, my body and soul, and all
things. Let Your holy angel be with me, that the evil foe may have no
power over me. Amen.*