

MID-WEEK REFLECTION 2

“At Our Savior’s Way Lutheran Church, we make disciples by experiencing Jesus together.”

GETTING STARTED:

Where or how did you experience Jesus this week?

DIGGING DEEPER:

Matthew 8:23-27 *Then he got into the boat and his disciples followed him. Without warning, a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. The disciples went and woke him, saying, “Lord, save us! We’re going to drown!” He replied, “You of little faith, why are you so afraid?” Then he got up and rebuked the winds and the waves, and it was completely calm. The men were amazed and asked, “What kind of man is this? Even the winds and the waves obey him!”*

Question: Have you ever been in a situation where you felt overwhelmed by events and desperately prayed to God for help? How did God help you?

Question: Why did Jesus rebuke his disciples and tell them they had little faith? What did He hope they would understand? What does God want us to know in times of trouble?

Jesus Gives Us His Presence in Holy Communion. Holy Communion is the high point of our worship service. Holy means set aside for God’s purpose. And communion is made up of two words, come and union. Holy Communion literally means a meal that God set aside for His purpose to bring us into union with Himself and each other. Read the following Bible passage and think about the words which describe Jesus’ presence in this sacred meal.

I Corinthians 11:23-26 *“For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, “This is my body, which is for you; do this in remembrance of me.” In the same way, after supper he took the cup, saying, “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.” For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.”*

Question: When you take Holy Communion how does it strengthen your faith? Why does Jesus encourage us to remember Him? What does He want us to remember about Him?

APPLICATION:

John 20:19-23 *On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you!" After he said this, he showed them his hands and side. The disciples were overjoyed when they saw the Lord. Again, Jesus said, "Peace be with you! As the Father has sent me, I am sending you." And with that he breathed on them and said, "Receive the Holy Spirit. If you forgive anyone his sins, they are forgiven; if you do not forgive them, they are not forgiven."*

Question: Can you identify with the disciples, who are together in a locked room?

Question: Have you ever felt like you were locked into a bad place in your life or you were in a situation and couldn't get out? What kept you locked in?

Question: What good news is there in this story that you can apply to your life?

Question: Why does Jesus keep repeating to the disciples, "Peace be with you?"

CHALLENGE:

Question: Jesus found the disciples in a locked room but he sends them out. Where is Christ sending you?

Question: Who do you know that needs to know the hope of Jesus's resurrection?

Question: What are you doing with the hope God has given you?